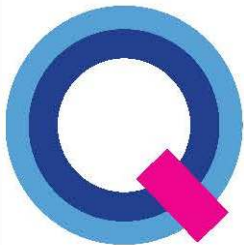




# **A national quality of care collaboration to improve paediatric palliative care outcomes**

Presenter: Sarah Baggio  
Allied Health Clinical Educator  
Lady Cilento Children's Hospital, CHQ



**Quality of Care  
Collaborative Australia**

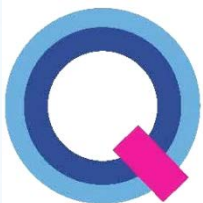
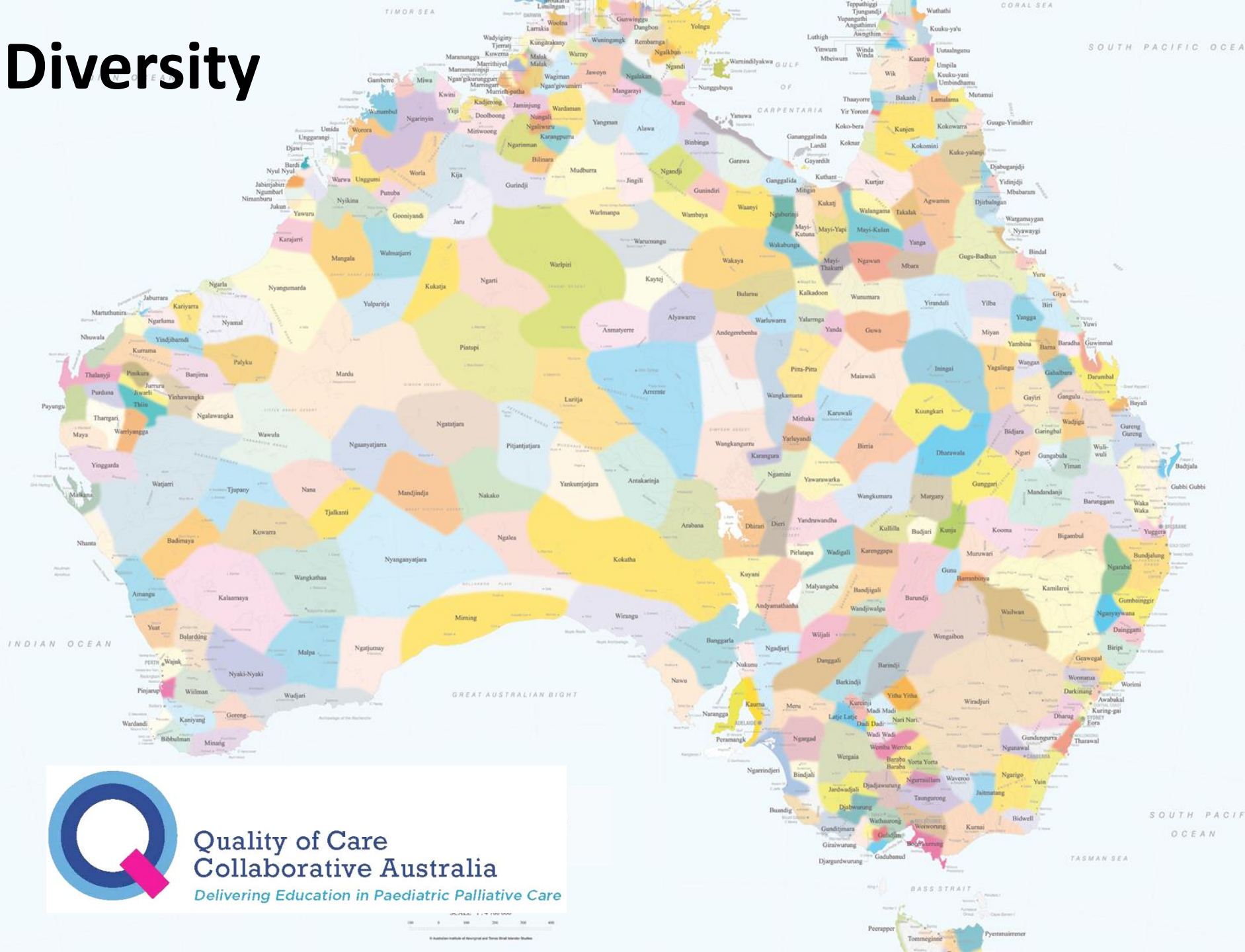
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Funded by the Australian Government Department of Health

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# Diversity







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# Diversity of Families

A word cloud featuring various terms related to family and kinship. The words are arranged in a circular pattern, with 'family' at the top and 'kinfolk' at the bottom. The words are in different colors and sizes, creating a visually appealing composition. The terms include: family, clan, people, tribe, lineage, race, kin, folks, stock, and kinfolk.

family  
clan  
people  
tribe  
lineage  
race  
kin  
folks  
stock  
kinfolk

# Diversity of Children

	As an illness progresses the emphasis gradually shifts from curative to palliative treatment. E.g. cancer
	Highly technical invasive treatments may be used to both prolong life and improve quality of life alongside palliative care, each becoming dominant at different stages of the disease e.g. <u>Duchenne's Muscular Dystrophy</u> or Spinal Muscular Atrophy. (many children diagnosed with <u>Duchenne's</u> survive to adulthood also)
	No cure is possible and care is palliative from the time of diagnosis e.g. Neurodegenerative conditions
	At first it is not apparent that this will be a terminal illness and palliative care starts suddenly once that realisation comes e.g. cerebral palsy

Key:  Curative  Palliative

NSW PC Programme/ ICPCN



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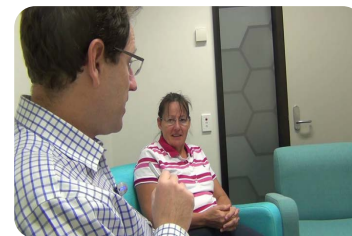
# Diversity of Health Professionals



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# Research Arms



LNA-  
Baseline

Impacts  
Pop-up MOC  
Scheduled  
Incidental

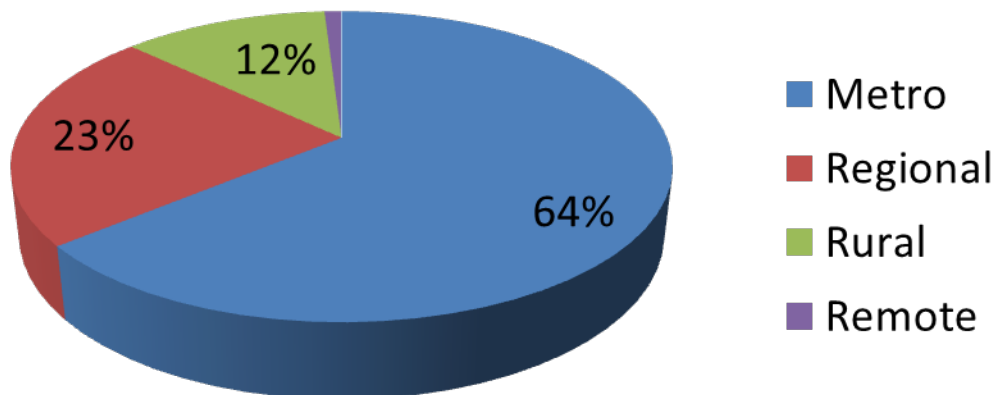
Perspectives  
DI  
Fam-CARE-2



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# Learning Needs Analysis Data

**Geographical location of Respondents**



Profession Type	Responses (%)
Nursing	54%
Allied Health	24.5%
Medical	19%
Aboriginal & Torres Strait Islander Health Practitioner	0.6%

**44% described minimal – no experience working in PPC**

**14% reported no PPC education**



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# Top 12 Identified Learning Needs

1. Preparing families for the death of their child (4.28)
2. Palliative Care resources (4.25)
3. Management of the dying child (4.16)
4. Communication skills (4.14)
5. Pain management (4.14)
6. Other symptom mx (4.12)
7. Bereavement Care (4.02)
8. Emotional Supports (4.02)
9. Practical support (4)
10. Grief and loss (3.95)
11. Self-care (3.87)
12. Management of Non-Oncology cases (3.86)



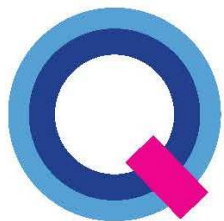
# Challenges

## Communication

**Who, what, where, when, why & how??**

*Knowing the **language** to speak - **being able to ask** the questions required without being insensitive I guess. As this area is very new to me I am finding it **difficult** to know exactly **how much to say/what to say/what not to say!***

***Clinical Nurse, less than two years experience of PPC***



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# Uniqueness of each child and family

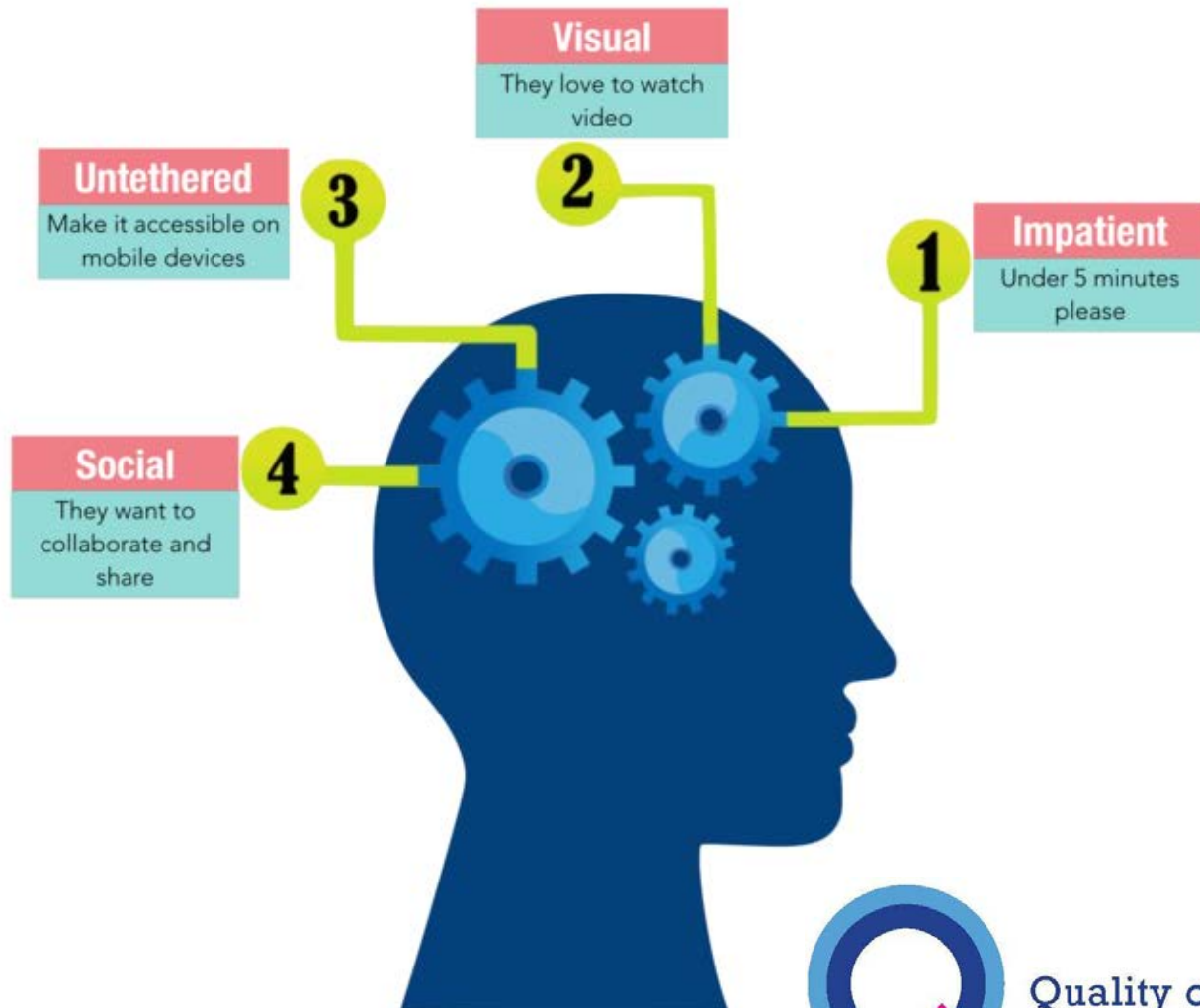
*I would like to think **every child and their families** are **unique** in every way. There lies the challenge. Every child and their families are in a position **of our own worst nightmare**. Challenges include emotions of the child and his family which **change daily**. The challenge for me would be to **try to tune in as much as possible** to better understand what is happening on that day at that time.*

**Clinical Nurse Team Leader, 6-10 years of PPC**



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# Modern Learner

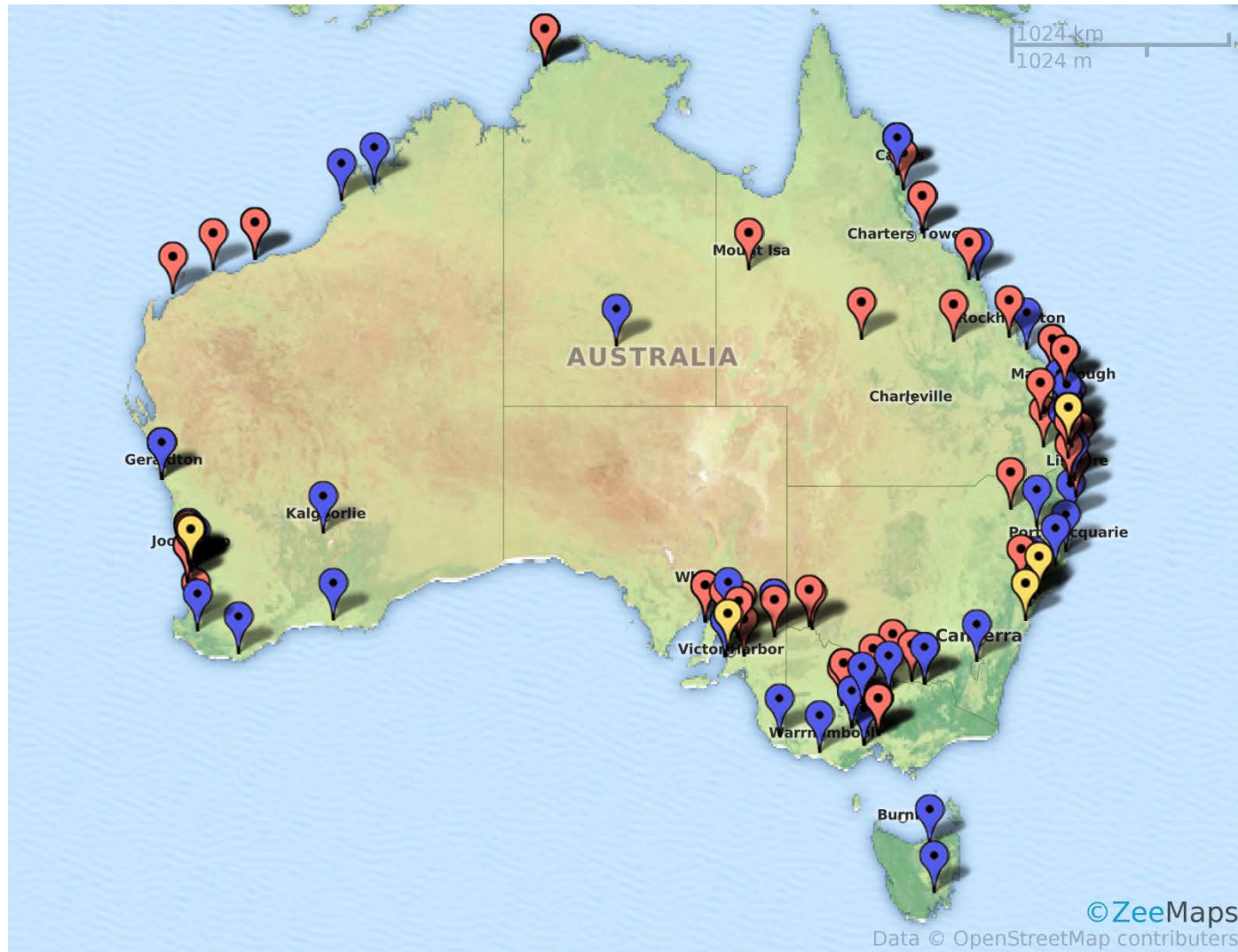


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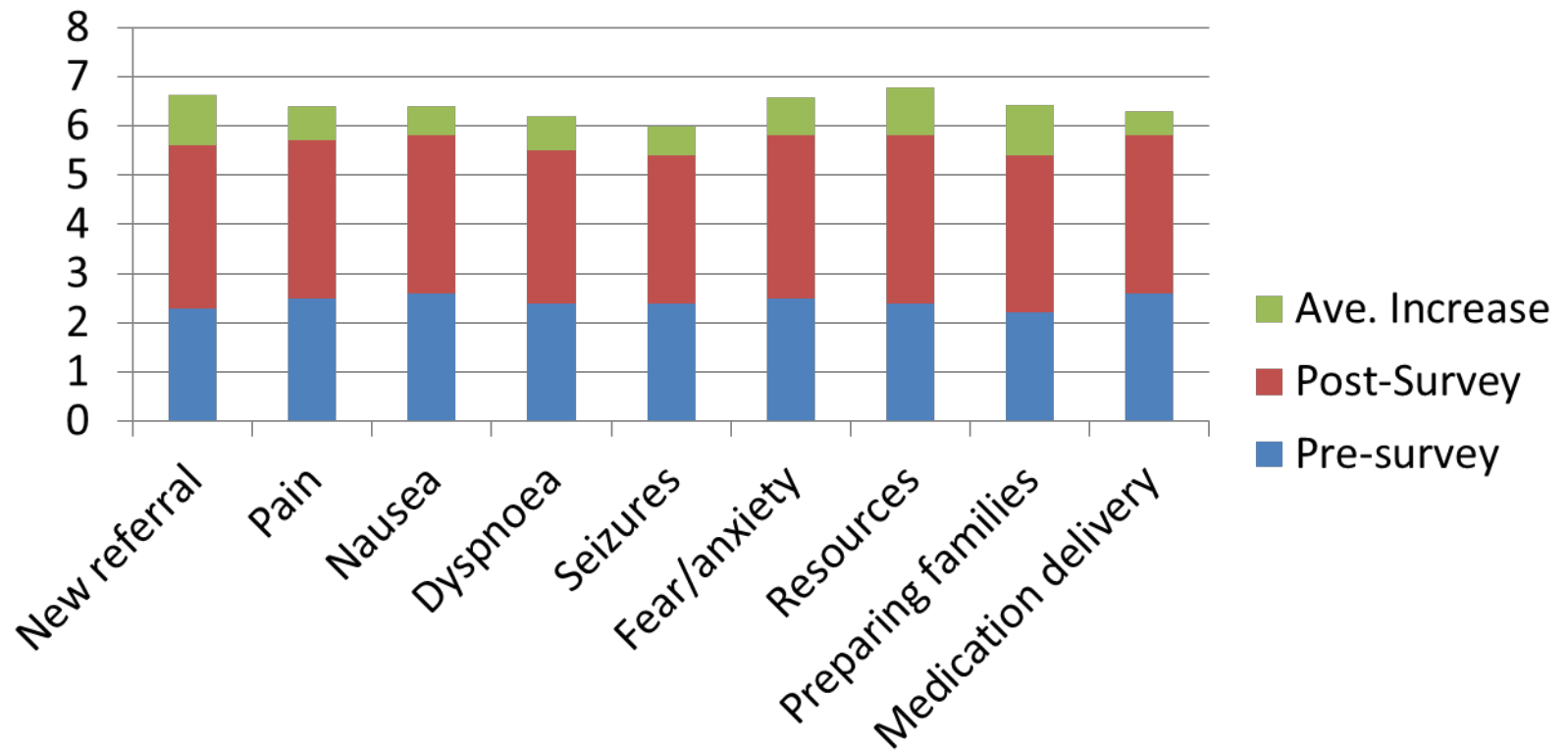
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# QuoCCA Impacts



# Average Responses- paired surveys (n= 504)



# Comments in surveys – what participants learnt

- **Fantastic overview** of the holistic care given for paediatric pall care & excellent tools in communicating with families & patients, so as to **empower** them in their choices
- **Importance of self care & formal and informal approaches.** Approach to **personal grief versus professional behaviour.**
- I really enjoyed the **communication** component & case studies, real life experience & discussion, on the **importance of reflection & having an authentic relationship**
- **Increased confidence with awareness of PPCS & collaborative** role of medical, nursing and allied health



# Lessons Learnt

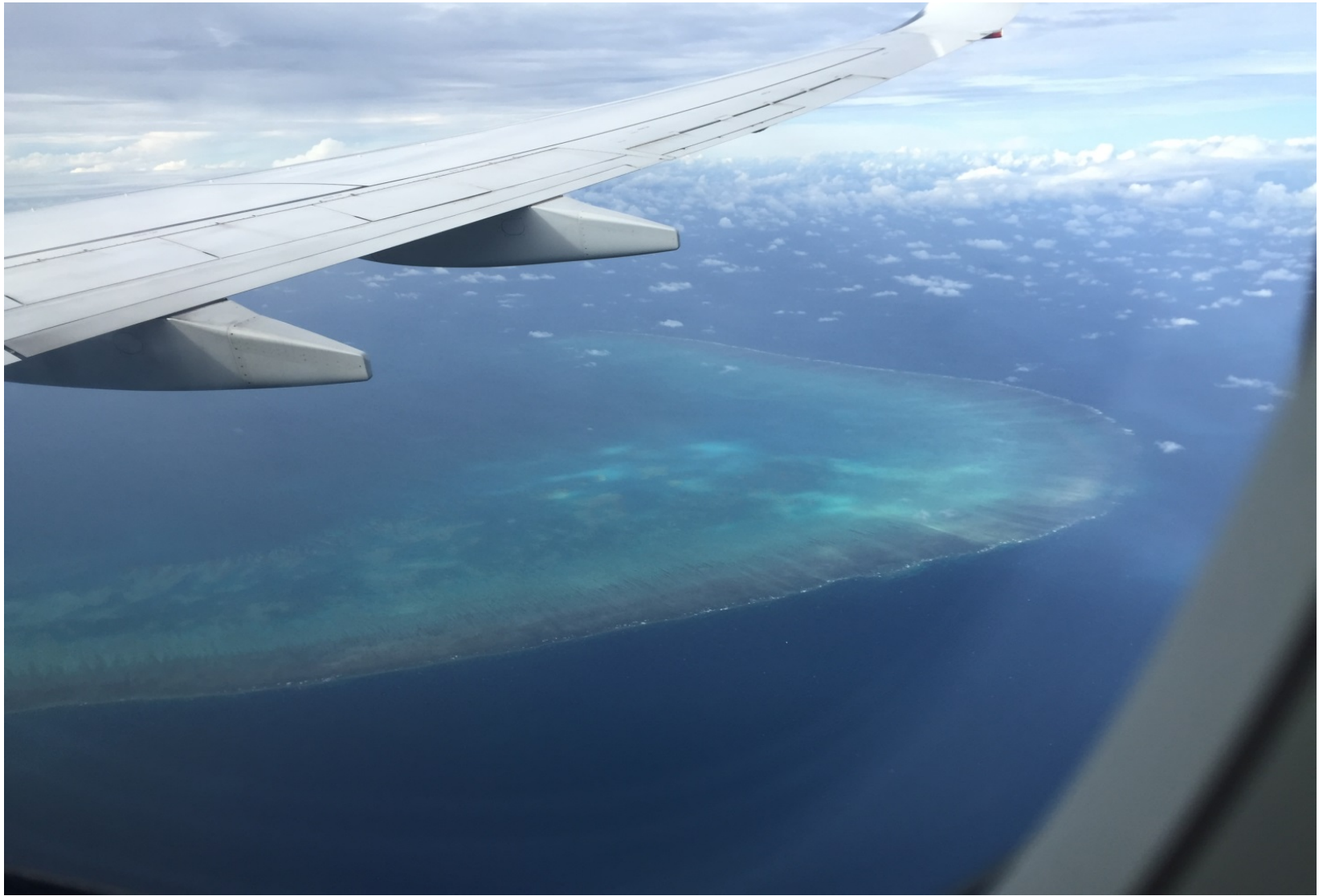
- Ethics processes
- On-line access
- Cultural appropriateness
- Pop-up model
- Flexible, MDT & interactive workshops

AUSTRALIA  
IT REALLY IS A  
BIG COUNTRY



# Future Plans

- Data collection & analysis - Consumers
- CareSearch/QuoCCA website release  
[www.Caresearch.com.au](http://www.Caresearch.com.au)
- Continued collaborations with other projects/organisations:  
PEPA, PCC4U, RedKite, universities and PPC networks













# QuoCCA Collaborators & Educators



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# Thank-You



*Metamorphosis: Judy Prosser*