

Resource	Information
	<p>A beautifully written book that discusses loss and connection.</p> <p>This book also has a great workbook that can be purchased with activities and reflection cards.</p> <p>Great for ages 4-9</p>
	<p>A book that discusses loss from a child's perspective. The child in the book creates a memory box to remember her loved one.</p> <p>Great for ages 8 and above</p>
	<p>A book that follows the story of 2 polar bears who are best friends.</p> <p>One of the polar bears (Ida) passes away and the book is written through the lens of managing grief after loved one has passed away.</p> <p>Great for ages 8 and above.</p>

	<p>A book for the younger children. This book discusses death and dying from the perspective of a fish. Nice easy read.</p> <p>Great for children under 6 years.</p>
	<p><b>The Bear cards (Feelings)</b></p> <p>These cards can be used many different ways. Children can pick a card and talk to the card. They can be used for games and activities and allow children to express their feelings without using words</p> <p>Great for Children ages 5-10</p>
	<p><b>Scrambled Feelings (Eggspressions)</b></p> <p>These eggs are a great tool for children to use and express their feelings without having to use words. A great tool as a conversation starter.</p> <p>Great for children ages 5-10</p>